

January 13, 2023

Greetings,

The time of year has come to begin preparing the 4-H Communications Contest. Each year, schools across Christian County are invited participate in the competition. By participating youth are provided with the ability to enhance and develop communication skills. The development of communications skills is one of the preeminent skills necessary to grow as an individual, a community member, and a leader. In the past 4 years, Christian County has been the home to multiple Kentucky 4-H Communications Contest winners with each of those winners having advanced from school contest or are alumni where a school contest is held.

Included in this packet you will find a copy of the Speech and Demonstration contest rules, score sheets, enrollment forms, and the Christian County 4-H Communications Contest entry form. ***Each school is permitted two entries per age group (ages 9 through 18) to the Christian County 4-H Communications Contest.***

The school contest should be held no later than March 24th. Each youth advancing will need an individual enrollment form and entry form which is to be submitted by March 31, 2023, by email to Mary Anne Garnett or delivered to the Christian County Extension Office. The school will also need to fill out a group enrollment form per grade to be submitted on the same date. One week prior to your school contest, please let us know how many classes and youth will be participating so that we can provide you with ribbons and county contest invitations.

Students who move on from your school contest to the county level will compete the evening of April 11, 2023, at Christian County Middle School.

As your County Extension Agent, I am available to assist you with your school contest whether that is presenting lessons on preparing a speech or demonstration, serving as a judge/timer, tabulating scores, or any other capacity that is needed. Please do not hesitate to contact me by email MaryAnne.Garnett@uky.edu or phone 270-886-6328

Thank you,



Mary Anne Garnett
4-H Youth Development Extension Agent
Christian County Extension Service



Christian County 4-H Communications Contest 2023

Things to Know

- Speech and Demonstration contest is for youth ages 9 and up as of January 1st (Whatever age the youth were on January 1, 2023, that is the 4-H age)
- **Two youth** from each age category can advance from the school/club level to the County level contest.
- There are 4 levels to the speech contest:
School/Club → County → Area → State

School Contest:

- Make sure youth put speech on notecards or can memorize.
- **2 judges are needed per contest.** Please do not choose judges that may be a conflict of interest. If you need assistance securing judges, please contact your 4-H Agent.
- The school contest should be no later than March 24, 2023. Please send the date and time your school will hold the speech contest at least one week prior to event.
- **Turn in an enrollment form and entry form for each student advancing; along with group enrollment forms no later than March 31, 2023.** You can email forms to Mary Anne at MaryAnne.Garnett@uky.edu or mail/drop-off to the Extension Office.
- **Included is a group enrollment form.** Complete one form for each grade level. This allows the extension office to record demographics for all youth participants.
- Speech contest categories are as follows: 9 years old, 10 years old, 11 years old, 12 years old, 13 years old, 14 years old, 15 years old, 16 years old, and 17-19 years old. Age as of January 1, 2023.
- Demonstration contest categories are listed in the rules.

Date Reminders

- Email Mary Anne at least 1 week prior to school contest with dates and number participating.
- **March 24** - School Contest Must be completed before this date
- **March 31** - Must have individual enrollment and entry forms for each student moving forward as well as a group enrollment for each grade emailed or delivered to Mary Anne
- **April 11** - County level Contest at CCMS

If there is any way that I can be of assistance, please do not hesitate to contact me!

MaryAnne.Garnett@uky.edu
(270)886-6328

Materials needed for contest

Before school contest

- Contact Mary Anne with date of your school contest at least one week prior.
- Speech and demonstration booklets- These are resources for you to use while teaching the unit.
- Make sure youth understand the rules and guidelines.
- Notecards

During Contest

- **2 Score Sheets for Each Participant:** Return to youth, so they can see what they need to improve on.
- **Stopwatch:** Be mindful of time, there are points deducted if over or under time.
- **Ribbons:** each youth will receive a green participation ribbon and youth will receive a blue, red, or white ribbon depending upon their score. **Please let Mary Anne know how many you will need at least one week prior.**

After Contest

- Those advancing should continue to practice speech.
- Fill out group enrollment form to include ALL youth that participated in contest.
- Send enrollment forms and County Contest entry forms to Kaitlyne no later than April 1st.
- The Extension Office will send information to the parents regarding the County Contest.

Christian County 4-H Communications Day Participant Registration 2023

To be completed by youth's parent/guardian and returned to the Christian County Extension Office
by April 1, 2022

Please indicate the event you are registering for:

- Speech
 Demonstration
 Mock Job Interview

Club / School Name	
First Name	
Last Name	
Birthdate (m/d/y)	
4-H Age (as of Jan 1, 2023)	
Email	
Speech Title	
T-Shirt Size	

Speech Only (Select One)

<input type="checkbox"/> 9 years old	<input type="checkbox"/> 12 years old	<input type="checkbox"/> 15 years old
<input type="checkbox"/> 10 years old	<input type="checkbox"/> 13 years old	<input type="checkbox"/> 16 years old
<input type="checkbox"/> 11 years old	<input type="checkbox"/> 14 years old	<input type="checkbox"/> 17-18 years old

Demonstration Speeches Only

<input type="checkbox"/> Junior	<input type="checkbox"/> Senior	
Demonstration Category		

Mock Job Interview Only

<input type="checkbox"/> 14-15 years old	<input type="checkbox"/> 16-18 years old	
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4-H Participant Information/Enrollment Form (NOT FOR RESIDENTIAL CAMP)

The form must be completed by the participant and/or parent or guardian in order to participate in the 4-H program. **All items must be completed, even if the response is not applicable – indicate by using N/A (i.e. no health insurance).** Failure to complete this form in its entirety will result in the person being ineligible to participate in 4-H activities. Please print in blue or black ink to allow for photocopying. Form Updated: August 2022

Name: _____ County/Area: Christian County/W3
 Preferred Name: _____ School Name: _____
 Address: _____ Birth Date: _____ Age: _____
 City: _____ State: _____ Zip: _____ Grade: _____
 Phone: _____ Email: _____
 Gender: Female Male Clubs/Projects Interested In : _____
 Residence: Farm Town < 10,000 or Rural Non-Farm Town/City/Suburb 10,000-50,000 City/Suburb >50,000 City– Central >50,000
 Race (please choose more than one if applicable): American Indian Asian Black Hispanic Non-Hispanic Native Hawaiian or Pacific Islander White Prefer Not to Say Not Listed: _____ T-Shirt Size: _____

Parent/Guardian 1: _____ Phone number: _____
 Email: _____
 Parent/Guardian 2: _____ Phone number: _____
 Email: _____

Emergency Contact #1: _____ Phone H W C: _____
 Email: _____
 Emergency Contact #2: _____ Phone H W C: _____
 Email: _____

Is any member of your family a current or former member of the United States Military or National Guard? Yes No

Health History

Does the participant have, or at any time has had, any of the following? Check “Yes” or “No” to each item. Please explain any “yes” answers (noting the number of the item) in the space below or on an additional sheet if necessary. Reporting conditions will not prevent a person from attending and will be kept confidential.

- | | Yes | No |
|--|--------------------------|--------------------------|
| 1) Asthma | <input type="checkbox"/> | <input type="checkbox"/> |
| 2) Bronchitis..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 3) Convulsions..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 4) Diabetes..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 5) Ear Infection..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 6) Fainting..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 7) Heart Condition..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 8) Headaches..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 9) Hypoglycemia..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 10) Serious Allergy to Insects..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 11) Serious Allergy to Nuts..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 12) Serious Allergy to Gluten..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 13) Serious Allergy to Dairy..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 14) Wear Glasses/Contacts..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 15) Other Conditions..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 16) Drug Allergy (please explain) | <input type="checkbox"/> | <input type="checkbox"/> |
| 17) Food Allergy (please explain) | <input type="checkbox"/> | <input type="checkbox"/> |
| 18) Other Allergy (please explain) | <input type="checkbox"/> | <input type="checkbox"/> |

Please explain any “yes” responses:

Please explain any restrictions (dietary, physical, etc):

- The following over the counter medications may be administered to my child without contacting me:
- Antihistamine Pill Antacid Ibuprofen (Advil) Hydrocortisone Cream
- Acetaminophen (Tylenol) Decongestant Dramamine Polysporin (topical antibiotic)

List any conditions requiring medication: _____

Name of Family Doctor: _____ Doctor’s Phone: _____
 Health Insurance Company: _____ Policy #: _____
 Name of Policy Holder/Relationship to Participant: _____ Member ID: _____

Medical Treatment

All information provided on this form is correct and complete to the best of my knowledge. This person has permission to engage in all events and activities. I hereby give permission to the event designee to provide routine health care, administer prescription and over the counter medications as noted and seek emergency medical treatment if warranted. I agree to the release of all records necessary for medical treatment, billing, or insurance. In the event I cannot be reached in an emergency, I give permission to the attending physician to secure and administer treatment, including hospitalization.

SIGNATURE OF PARENT/GUARDIAN: _____ **DATE:** _____

Publicity Release

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign and/or distribute still pictures, video and sound recordings of myself or my minor child without compensation for use in promotion, advertising, educational publications or online content.

SIGNATURE OF /GUARDIAN: _____ **NO, I do not permit**

4-H Youth Development CODE OF CONDUCT FORM (NOT FOR RESIDENTIAL CAMPS)

All 4-H members and family/friends associated with 4-H members must respect the individual rights, safety and property of others and adhere to this Code of Conduct. A 4-H member may be prohibited from participating in a specific event/program if the participation by the individual poses a danger to the 4-H member and/or others. The following guidelines are designed to make all 4-H events safe, meaningful, and satisfying to youth and others attending.

WHILE ATTENDING ALL 4-H MEETINGS, PROJECTS, PROGRAMS, ACTIVITIES AND EVENTS:

- Each 4-H participant is expected to attend all planned sessions, workshops, field trips, and meetings of the event, and to be in appropriate attire. Dress codes will be specific to individual events. Delegation chaperones and/or volunteers are responsible for ensuring that members participate in all aspects of the planned program activities.
- The possession and use of alcoholic beverages, tobacco products, vape juice and/or devices, and/or drugs (except for medications prescribed to the participant by a licensed physician) are prohibited. Delegation chaperones and/or volunteers shall limit use of tobacco products to designated areas.
- Possession of firearms not for educational use is prohibited.
- Setting off fire alarms and tampering with fire extinguishing and other emergency equipment are prohibited.
- Gambling of any type is prohibited.
- Respect toward others and facilities shall be demonstrated. Bullying, harassment of others or destruction of property shall not be tolerated. Bullying and harassment can include the use of social media.
- Obscene, discriminatory and/or inappropriate language, roughhousing, and insubordination are prohibited at all times.
- Display of overly affectionate or inappropriate attention between participants is prohibited.
- Technological equipment (including but not limited to cell phones, laptops or mp3 players) shall not interfere with the program and may not be allowed in certain situations.
- Each county may adopt additional Code of Conduct guidelines.

WHILE ATTENDING OVERNIGHT CONFERENCES, CAMPS, AND EVENTS, THE FOLLOWING WILL ALSO APPLY:

- All participants are to be in their assigned area at curfew and comply with quiet hours, lights out, and other rules of the event.
- No member or volunteer may leave the grounds without the permission of the conference director or adult in charge. An adult shall accompany a 4-H member any time they leave the grounds. Adults shall notify another adult in the delegation before leaving the grounds.
- At overnight events, only conference participants may be in sleeping areas. Lounges or common areas may be used only for working committees and social activities.
- Room service such as phone calls, food, laundry, or others shall not be permitted without chaperone permission.

Any violations of this Code of Conduct shall be reported promptly to the adult in charge of the delegation/program and to the person in charge of the event. The person in charge of the event shall have the final responsibility for disciplinary action. **Failure to comply with the Code of Conduct by 4-H'ers and family/friends associated with the 4-H participant may result in penalty including, but not limited to, the following:**

- Sent home from the activity or event at his/her own expense
- Released to nearest law enforcement authority
- Barred from participation from future 4-H events
- Termination of 4-H membership
- Assessed the cost of damages for destruction of property

I, _____, have read the Code of Conduct and agree to abide by its rules.

(Print Name)

I understand that infraction of this Code of Conduct will result in any or all of the penalties listed above.

Member/Volunteer _____ County _____

Parent/Guardian _____ Date _____



4-H Group Enrollment Form

Christian County Extension Office
 2850 Pembroke Road
 Hopkinsville, KY 42240
 (270) 886-6328

Group Name _____ Date Completed ____/____/____

Event Description _____ Project _____

Total Hours _____ Club: _____ School _____

Delivery Mode (Check Best Category)

- | | |
|--|---|
| <input type="checkbox"/> Organized 4-H Community Club | <input type="checkbox"/> 4-H Day Camp Programs |
| <input type="checkbox"/> Organized 4-H in School Club | <input type="checkbox"/> School Enrichment Programs |
| <input type="checkbox"/> Organized 4-H After School Care Club | <input type="checkbox"/> Individual Study/Mentoring/ Family Learning Programs |
| <input type="checkbox"/> Military 4-H Club | <input type="checkbox"/> After-School Programs Using 4-H Curriculum/ Staff Training |
| <input type="checkbox"/> Special Interest/ Short Term Programs | <input type="checkbox"/> Instructional TV/ Video/ Wed Programs |
| <input type="checkbox"/> 4-H Overnight Camping Programs | |

Demographics

Adult Volunteers _____

Youth Volunteers _____

Participant Info

#Male _____

#Female _____

White _____

Black _____

American Indian/Alaskan _____

Asian _____

Hawaiian/Pacific Islander _____

Hispanic _____

Other _____

Where do they live?

Farm _____

Town < 10K _____

Town 10K-50K _____

Suburbs > 50K _____

Cities > 50K _____

Grade

Not in School _____

Kindergarten _____

1st Grade _____

2nd Grade _____

3rd Grade _____

4th Grade _____

5th Grade _____

6th Grade _____

7th Grade _____

8th Grade _____

9th Grade _____

10th Grade _____

11th Grade _____

12th Grade _____

Post HS _____

Special Options _____

Statement of Compliance in Non-discriminating Conduct of 4-H Youth Development Programs

4-H Clubs are assisted by the Cooperative Extension System. They are organized for the purpose of developing youth as responsible and productive citizens. 4-H clubs are open to all youth of 4-H age irrespective of race, color, age, sex, religion, disability, or national origin.





State 4-H Communications Day

RULES AND REGULATIONS

General Rules

- 1) This event includes Speeches, Demonstrations (Team and Individual) and Illustrated talks.
- 2) Each **Area Grouping** can send one participant per category.
- 3) State standard is that state communication day event participants earn a blue ribbon at the district level to qualify for the state communications day event.
- 4) Participants can participate in one speech and one demonstration category per year.
- 5) State Champions may participate only in categories in which they have NOT previously won.
- 6) It is suggested that the speech or demonstration given by the 4-H'er be a new topic from previous years.
- 7) The contestant will be introduced by name and title by the room host. There will be no penalty if name and subject or title is used during the presentation.
- 8) A penalty of three points will be subtracted from the participant's **total overall score** for time errors (under/over time). The time requirement penalty will apply to the state contest, but not necessarily to county or area events. Participants will be eligible for champion placement.
- 9) The decisions of the judges are FINAL.

Speech Specific Rules

- 10) Any youth age 9-19 (must have passed their 9th birthday but have not passed their 19th birthday as of January 1 of the current program year) may participate in the 4-H Public Speaking (Talk Program) on a county basis. SENIORS must have passed their 14th birthday but not their 19th birthday as of January 1 of the current year.
- 11) **NOTE: AGE REQUIREMENTS:** We understand that programming areas may host their event in the Fall which falls before January 1st of the current year for the State Communication's event. Please keep this in mind when certifying age on the registration form for the State Event. (i.e. youth may be age 15 in November, however, state event is not until Spring of next year, youth has a birthday Dec. 1, and is now age 16 for the state event, he/she cannot be the area representative for the 15 age category).
- 12) Speeches by Senior youth (14-19 age youth) must be between 5 to 7 minutes long. Speeches by Junior youth (9-13 age youth) must be between 3 to 5 minutes.
- 13) **Senior Level:** Because this is an educational learning experience, the Senior 4-Her is expected to choose a topic, research and write their own speech. A participant may have help with practicing the speech. **Junior Level:** The 4-Her may have assistance in writing and preparation based on age level.
- 14) No visual aids will be used in speech competitions. **Costumes (special outfits)** and/or electronic equipment are considered visual aids. Speakers using visual aids will receive a ribbon but will not be considered for champion placement.
- 15) The use of note cards/**electronic notes** is optional. Points will not be added or subtracted for the use of notes unless the speaker uses them in a distracting manner.

- 16) Dramatic readings, dramatic monologues and recitation of poems (as the entire speech) including web-based information will not be accepted. Excessive or distracting body or hand gestures are unacceptable. These distractions will be counted against participant in the scoring section.

Demonstration Specific Rules

- 17) Junior Demonstrations: Any member age 9-13 may compete in Junior Demonstrations as per their age determined on January 1st of the year in which the state contest is held.
Senior Demonstrations: Any member age 14-19 may participate in Senior Demonstration (must have passed their 14th birthday but have not passed their 19th birthday as of January 1st of the year in which the state contest is held). Age is determined by the date of the State event, not when the district or multi-county group hosts their event.
- 18) A participant may have help with practicing the demonstration or speech. Preparation may include practicing in front of peers, club leaders, etc. **At the SENIOR LEVEL, the 4-H'er is expected to demonstrate original work – choosing a topic, researching it and writing their own speech or demonstration. The internet may be used as a reference source but NOT as a source for a non-original speech or demonstration.**
- 19) A participant may have help setting up their demonstration but may not have another person helping during the demonstration. Only team demonstrations may have more than one person participating. There shall be no assistance from the audience.
- 20) Team demonstrations ARE permitted at the state level. They will follow the same rules and regulations of the single participant demonstrations. Two (2) 4-H members will comprise a team. Each person must have a significant speaking and presentation portion. Team demonstrations will be placed in a Junior Category or a Senior Category regardless of topic. All team members must be in the same age category.
- 21) ~~A demonstration obviously entered in the wrong category may be moved to the correct category if there is no more than one other person from that district entered. If a participant cannot be moved, they will be given a blue, red, or white rating but will NOT be eligible for Champion placement.~~
- 22) Weapons of any sort cannot be brought into the building or on the grounds of school or university property. This includes firearms, bullets, bows and arrows. Mockups, models, and charts must be used instead. Models cannot look like an actual gun, bow, or other firearm.
- 23) The use of computers and presentation equipment is allowed in the presentation software category only. It is not allowed in any other category. *electronic devices may be used in place of notecards-
- 24) Demonstrations must have a posterboard or a tri-fold poster as aids during their demonstration.**
- 25) Videos may not be used during presentations in any category.
- 26) NO LIVE ANIMALS of any size are permitted.
- 27) Youth may participate in the individual demonstrations or choose to participate in the team demonstration category. They may NOT do both.

Updated December 2022 JNT

✿ 4-H Speech Score Sheet ✿

NAME: _____

COUNTY: _____

CATEGORY: _____ **TITLE:** _____

Instructions: Write the appropriate rating in the "Score" column. Make comments to help participants identify their strengths and areas for improvement. Use the back of the sheet if necessary.

EVALUATION CRITERIA	EXCELLENT	VERY GOOD	GOOD	FAIR	POOR	SCORE	COMMENTS
APPEARANCE: 1. Neat, well-groomed, dressed appropriately.	5	4	3	2	1		
AUDIBILITY: 1. Pitch, volume, speed, tone, rhythm.	5	4	3	2	1		
2. Clear pronunciation.	5	4	3	2	1		
3. Clearly heard and easy to understand.	5	4	3	2	1		
4. Enthusiastic, personality shows through.	5	4	3	2	1		
5. Speaker captures and retains audience attention.	5	4	3	2	1		
EYE CONTACT AND POISE: 1. Eye contact with audience.	5	4	3	2	1		
2. Gestures natural (contribute to talk).	5	4	3	2	1		
3. Posture (erect but not stiff).	5	4	3	2	1		
4. Body language exhibited by contestant desirable.	5	4	3	2	1		
5. Effective use of notes (if used; displays confidence & composure).	5	4	3	2	1		
ORGANIZATION OF MATERIAL: 1. Introduction gets audience attention & introduces subject.	5	4	3	2	1		
2. Main points organized.	5	4	3	2	1		
3. Flow of speech (smooth with no unnecessary pauses).	5	4	3	2	1		
4. Conclusion (short, interesting, and final).	5	4	3	2	1		
GENERAL: 1. Originality.	5	4	3	2	1		
2. Use of correct grammar and vocabulary.	5	4	3	2	1		
3. Information age appropriate.	5	4	3	2	1		
4. Speaker understands the content of the speech.	5	4	3	2	1		
5. Subject matter accurate and up to date.	5	4	3	2	1		

TIME: _____ **TIME PENALTY: YES/NO** _____

TOTAL SCORE: _____

TIME: SENIOR: 5-7 min; JUNIOR: 3-5 min. Participants going over/under time will be assessed a one-time penalty of 3 points from the final, averaged score and WILL BE ELIGIBLE for a 1st, 2nd or 3rd placing.

SCORING:

BLUE 100 - 80
 RED 60-79
 WHITE 59 AND BELOW

RIBBON:

_____ BLUE
 _____ RED
 _____ WHITE

PLACE

_____ CHAMPION
 _____ 2ND
 _____ 3RD

SCORE 1	
SCORE 2	
AVERAGE	
TIME PENALTY	
FINAL SCORE	

JUDGE SIGNATURE: _____ **DATE:** _____



Kentucky 4-H Communication Contest Categories

SPEECH CATEGORIES

- 9 Year Old
- 10 Year Old
- 11 Year Old
- 12 Year Old
- 13 Year Old
- 14 Year Old
- 15 Year Old
- 16 Year Old
- 17-18 Year Old

DEMONSTRATION CATEGORIES- Junior (9-13) and Senior (14-18) -Category selection should be based on the primary purpose of the demonstration. It is suggested that demonstrations that do not clearly fit into one category be modified to include information and material relative to the selected category.

CORE: AGRICULTURE

1. Agriculture – to include information on horticulture, and plant and soil sciences (e.g. crops, agronomy).
2. Animal Science – to include information on selection, care and feeding of animals, financial records, operations and animal products for small or large animals. This also includes companion animals. *(Demonstrations on horses or horse related topics can be included in this category, however, it does not qualify the participant for the State Horse Contests; this is a different event).*

CORE: COMMUNICATIONS & EXPRESSIVE ARTS

3. Visual Arts --to include drawing, painting, mixed media, decoupage, candle making, macramé, scrap booking, embroidery, quilting, silk screen, batik, block print, corn-shuck flowers, ceramics, jewelry making and similar topics. This category also includes demonstrations related to photography such as picture taking, composition, framing or scrapbooking.
4. Performing Arts -all demonstrations related to the performing arts including theatre, dance, musical instruments and musical performance.

CORE: FAMILY & CONSUMER SCIENCES

5. Clothing & Textiles – to include construction, techniques, wardrobe selection and planning (color, design accessories, appropriate dress for various occasions) selection, use or care of clothing related equipment, care of clothing, posture as it relates to fit, fibers, fabrics, and textile related topics.
6. Family & Consumer Sciences – to include information on childcare, consumer and financial education, family life, and home environment. **THIS CATEGORY EXCLUDES CLOTHING & TEXTILES AND FOODS. THESE ARE SEPARATE CATEGORIES.**
7. Foods – to include preparation skills and creativity in using foods for meals and snacks *(including breads)*. Please submit a copy of the recipe on day of event.

CORE: HEALTH

8. Health – to include information on physical activity, bullying, substance abuse, personal development, and safety.

CORE: LEADERSHIP

9. Team Demonstrations – any demonstration (regardless of topic) conducted by two (2) 4-H members of the same age category (i.e. either juniors or both seniors). Each participant must have a significant speaking AND presentation role in the demonstration. **Youth may participate in either the individual demonstrations OR the team demonstration category. They may NOT do both.**

CORE: NATURAL RESOURCES

10. Natural Resources– includes Entomology, Environment, Geology, Forestry, Soils, Water and Wildlife. This category can include science-fair type experiments related to these topics.
11. Shooting Sports – includes proper care and cleaning of equipment, safety, sighting alignment and shooting techniques, selecting equipment and ammunition. Weapons of any sort cannot be brought into the building or on the grounds of school or university property. This includes firearms, bullets, bows and arrows. Mockups, models and charts must be used instead. Models cannot look like an actual gun, bow or other firearm.

CORE: SCIENCE, ENGINEERING & TECHNOLOGY

12. Science, Engineering and Technology – to include information on ATV safety, aerospace/rocketry, biotechnology, bicycle, energy, GPS/GIS, robotics, general science, and computer sciences [may NOT use computer projection equipment in place of posters]. This category can include science-fair type experiments related to these topics.
13. Digital Media Presentation – to include demonstrations using presentation software (i.e. PowerPoint, Prezi) regardless of topic. Slides are used in lieu of poster boards. Please bring the presentation on media that can be transferred to another computer (i.e. portable drive).

❁ 4-H Demonstration Score Sheet ❁

NAME: _____ **COUNTY:** _____ **AGE:** _____

CATEGORY: _____ **TITLE:** _____

Instructions: Write the appropriate rating in the "Score" column. Make comments to help participants identify their strengths and areas for improvement. Use the back of the sheet if necessary.

EVALUATION CRITERIA	EXCELLENT	VERY GOOD	GOOD	FAIR	POOR	SCORE	COMMENTS
DEMONSTRATOR:	5	4	3	2	1		
1. Neat, well-groomed, dressed appropriately.							
2. Posture (erect but not stiff).	5	4	3	2	1		
3. Gestures natural (contribute to talk).	5	4	3	2	1		
4. Eye contact with audience.	5	4	3	2	1		
PRESENTATION:		4	3	2	1		
1. Introduction interesting and gives purpose.	5						
2. Visual aids appealing, organized and visible.	5	4	3	2	1		
3. Steps well organized.	5	4	3	2	1		
4. Demonstrator skilled in working with equipment.	5	4	3	2	1		
5. Suitable equipment and proper techniques used.	5	4	3	2	1		
6. Procedures easy to view by audience.	5	4	3	2	1		
7. Effective use of notes (if used; displays confidence & composure).	5	4	3	2	1		
8. Display finished product, offer sample to judges or show that the exhibit works.	5	4	3	2	1		
9. Conclusion (short, interesting and reviews main points, asks for questions).	5	4	3	2	1		
AUDIBILITY:		4	3	2	1		
1. Clearly heard and easy to understand.	5						
2. Voice expressive.	5	4	3	2	1		
3. Talking while working (no dead silent moments, unless equipment is running)	5	4	3	2	1		
GENERAL:		4	3	2	1		
1. Originality.	5						
2. Use of correct grammar and vocabulary.	5	4	3	2	1		
3. Information age appropriate.	5	4	3	2	1		
4. Subject matter accurate and up-to-date.	5	4	3	2	1		

TIME: _____ **TIME PENALTY: YES/NO** _____ **TOTAL SCORE:** _____

TIME: 5-15 minutes. Participants going over/under time will be assessed a one-time penalty of 3 points from the average score and WILL BE ELIGIBLE for a 1st, 2nd or 3rd placing

SCORING:	RIBBON:	PLACE:
BLUE 100 - 80	_____ BLUE	_____ CHAMPION
RED 60-79	_____ RED	_____ 2 ND
WHITE 59 AND BELOW	_____ WHITE	_____ 3 RD

SCORE 1	
SCORE 2	
AVERAGE	
TIME PENALTY	
FINAL SCORE	

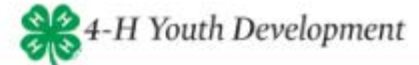
JUDGE'S SIGNATURE: _____ **DATE:** _____



WHAT IS YOUR 4-H AGE?



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



We are currently in the 2022-2023 (Sept. 1st - Aug. 31st) 4-H Program year. Your 4-H age will be the age that you are as of January 1st, 2023.

If a young person's date of birth is...

- Jan 1 - Dec. 31, 2013, their 4-H age is 9
- Jan 1 - Dec. 31, 2012, their 4-H age is 10
- Jan 1 - Dec. 31, 2011, their 4-H age is 11
- Jan 1 - Dec. 31, 2010, their 4-H age is 12
- Jan 1 - Dec. 31, 2009, their 4-H age is 13
- Jan 1 - Dec. 31, 2008, their 4-H age is 14
- Jan 1 - Dec. 31, 2007, their 4-H age is 15
- Jan 1 - Dec. 31, 2006, their 4-H age is 16
- Jan 1 - Dec. 31, 2005, their 4-H age is 17
- Jan 1 - Dec. 31, 2004, their 4-H age is 18
- *Jan 1 - Dec. 31, 2003, their 4-H age is 19
and is no longer a 4-H member***