



# February

2024

**KENTUCKY**  **COOPERATIVE EXTENSION**

UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT  
KSU COLLEGE OF AGRICULTURE, COMMUNITY AND THE SCIENCES

270-886-6328  
2850 Pembroke Rd,  
Hopkinsville, KY 42240

## CHRISTIAN COUNTY 4-H

### important dates:

- 2/1: Horse Club, 5:30pm
- 2/6: Livestock Skillathon Practice, 6:00pm
- 2/7: PACHEK 4-H, 10:00am
- 2/12: Cooking Club, 4:30pm
- 2/13: Sewing, 5:30pm
- Livestock Skillathon Practice, 6:00pm
- 2/15: Fur and Feathers Club, 6:00pm
- 2/16: Livestock Skillathon Practice, 6:00pm
- 2/20: Livestock Club, 6:00pm
- 2/27: Clover Buds, 5:00pm
- 2/29: Drone Club, 6:00pm

### Looking Ahead: **MARCH!**

- 3/4 5:30pm - 4-H Council Meeting
- 3/7 5:30pm - Horse Club
- 3/11 4:30pm - Cooking Club
- 3/12 5:30pm - Sewing  
6:00pm - Drone Club
- 3/19 6:00pm - Livestock Club
- 3/20 10:00am - 4-H PACHEK
- 3/21 6:00pm - Fur & Feathers Club
- 3/26 5:00 pm - Clover Buds



# Cooking Club!

4-H Cooking Club learned all about knife skills at their January meeting while creating a tomato basil salad!



*Katie Mills*

*Jeanne Johnson*  
*Mary Anne Lomott*

# CHRISTIAN COUNTY 4-H CAMP



**MAY 27-30, 2024**

**Ages 9-14**





# 4-H CAMP 2024

MAY 27-30, 2024

AGES: 9-14 YEARS OLD

## COST

Total: \$265

A \$75 non-refundable deposit is due with forms to reserve your spot.

Pay by: Cash or Check

Make checks payable to: Christian County 4-H Council

\*Financial Assistance applications coming soon\*

## REGISTRATION

Camp forms & deposit are due

April 1, 2024

Drop off or mail forms to the  
Christian County Extension Office  
2850 Pembroke Rd. Hopkinsville, KY

## SCAN THE QR CODE FOR REGISTRATION FORMS



## CAMP FUN

Gaga Ball  
Swimming  
Mega Relay  
Giant Slip-n-Slide  
Nightly Dances  
Water Olympics

## CLASSES

Campers choose from a wide variety of classes, possible examples include:

Canoeing  
Arts & Crafts  
High & Low Ropes  
Archery

Cooking  
Fishing  
Natural Resources  
and Much More

## COUNTIES CAMPING MAY 27-30

Calloway  
Carlisle  
Christian  
Graves  
Hickman

## LOCATION

Western Kentucky 4-H Camp  
Dawson Springs, KY

\*All cabins are air-conditioned\*

## CHRISTIAN COUNTY 4-H AGENTS

Mary Anne Garnett,  
Jeremiah Johnson,  
& Katie Mills

### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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# Here's what happened in January...



*4-H PACHEK learned how to decorate cupcakes so they could use their skills to enter one into the Western Kentucky State Fair. Thank you so much to Jennifer Heltsley for sharing your knowledge with the youth.*

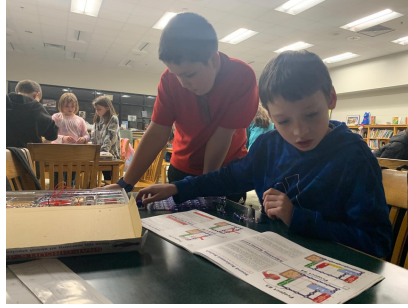
*4-H Trailblazers Horse Club played Equine Jeopardy then had a great riding lesson!*



*The 4-H Team Sorting Clinic at the Christian County Expo Center was a success. We want to thank Tripp Covington and friends for being great instructors and teaching the youth horsemanship, cattle and sorting pointers. We are looking forward to having another one in the near future.*

*Livestock Club has been preparing for skillathon! Thanks to Christian County ANR Agent Matt Futrell, and Club Leader Katie Jo Walker for an excellent meats lesson and judging practice! Keep checking the calendar for practice dates.*





Our Crofton Elementary School 4-H Club members learned about electricity and circuits! After that, 4-H members used various labs to test their knowledge!



# DRONE CLUB



Hone in on your skills, conquer new obstacles! Join us next month to learn all about drones.



# FRUIT & YOGURT frozen treats

**Servings: 4**

**Serving Size: 1 frozen treat**

## INGREDIENTS

1 cup of blueberries

1 cup of strawberries

3/4 cup fat free yogurt

### **Directions:**

- 1. Rinse 1 cup of blueberries in cold tap water, drain and place in a self-sealing sandwich bag.**
- 2. Rinse 1 cup of strawberries in cold tap water and drain. Cut the cap off each strawberry, chop into medium-size pieces and place in a separate sandwich bag.**
- 3. Squeeze out excess air as you tightly seal each sandwich bag.**
- 4. Gently mash each bag until the berries are broken down.**
- 5. Evenly divide the mashed blueberries among four single serve freezer pop molds or paper cups and freeze for 30 minutes (or until firm).**
- 6. Evenly divide yogurt on top of frozen blueberries and insert a wooden craft stick. Freeze for 30 minutes (or until firm).**
- 7. Evenly divide the strawberries on top of the frozen yogurt and freeze again for 30 minutes (or until firm).**