

## march 2024



270-886-6328 2850 Pembroke Rd, Hopkinsville, KY 42240

### **CHRISTIAN COUNTY 4-H**

### important dates:

3/7 5:30pm - Horse Club

3/11 4:30pm - Cooking Club

3/12 5:30pm - Sewing

6:00pm - Drone Club

3/15 10:00am - Hopkinsville Area Homeschool

3/19 6:00pm - Livestock Club

3/20 10:00am - 4-H PACHEK

3/21 6:00pm - Fur & Feathers Club

3/26 5:00pm - Cloverbuds





# NEXT MONTH... 4/3 - 10 am 4-H PACHEK 4/4 - 5:30pm Horse Club 4/5 - 9:30am Hopkinsville Area Homeschoolers 4/8 - 4:30pm Cooking Club 4/16 - 6pm Livestock Club 4/18 - 5:30pm Horse Club 6pm Fur & Feathers 4/23 - 5pm Cloverbuds 4/27 - 4-H Horse Show



### Christian County 4-H Livestock Club participated in the Kentucky 4-H Livestock Skillathon Contest!

The results are in!

Senior Division

Sahara Peterson - 9th Individual ID

Sahara Peterson - 10th Individual Overall

Junior Division

Mary Katherine Henderson - 3rd

Evaluation

Participants were:

Mary Katherine Henderson

Levi Womack

Sahara Peterson

Chevenne Peterson

Katie Jo Walker, Coach









# Trailblazers horse CLUB

The 4-H Trailblazers Horse Club had a great meeting in February! They were able to learn equine colors and markings then enjoy some time riding after.



# Food for Thought

Some of our agents have been going to Crofton
Elementary every
Thursday for Food for
Thought! There they taught students about healthy snacks providing one new snack each week for them to try.



# **VOLUNTEER FORUM**

Philip and Marsha Garnett were recognized with the
Partners in Progress Award, for their years of
dedicated support to 4-H and the Christian County 4H Farm Day! Cheyenne Peterson was able to show off
her talents by playing the violin!



Jerry Jones and Mason
Spain were both given
the Outstanding 4-H
Teen Camp Volunteer
Award for being
leaders and being a
positive influence to
everyone at 4-H Camp.
Bailey Kington,
Matthew Couch, Mason

Spain, and Jerry Jones
were also
acknowledged for
their dedication and
participation to the 4H program for 10 years

### BROCCOLI POTATO SOUP

Servings:4

Serving Size:1/4 of recipe

Recipe Cost:\$4.34

Cost per Serving:\$1.09





#### Ingredients:

- 4 cups chopped broccoli, may use frozen
- 1 small chopped onion
- · 4 cups low sodium chicken or vegetable broth
- 1 cup evaporated nonfat milk
- 1 ½ cups instant mashed potatoes, prepared with water
- Salt and pepper to taste
- ¼ cup cheese, shredded cheddar or American

#### **Directions:**

- 1. Mix broccoli, onion, and broth in large sauce pan.
- 2. Bring to a boil.
- 3. Lower heat. Cover and simmer about 10 minutes or until vegetables are tender.
- 4. Add milk to soup. Slowly stir in potatoes.
- 5. Cook and stir until bubbly and thickened.

